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Episode 3- Humility

Theme verse: Philippians 2:1-4

Total time: 45 minutes

Supplies: Paper, pens, Bibles with concordances, Concordance/reference book for looking up verses.

Objective: For girls to understand the meaning and practical outworking of humility in their every day lives.

Begin video

Pause at 2:36: Large Group Discussion (5 min)

How is Kaylyn showing humility in these scenarios? What does the word humility make you think of?

Continue video

Pause at 4:02: Turn and Talk (5-8 min)

How do you show humility in your every day life? How does it make you feel to do humble tasks? Why?

Give 2-3 min for partner discussion and then give a few minutes for several girls to share their experiences/thoughts with the group.

Continue video

Pause at 4:55 Small Group Activity (8-10 min)

Divide girls up into groups of 2-4 depending on the size of your group.

Go back to the beginning of the scenarios (4:02) and replay each one. Pause the video after each scenario and give the groups 2-3 minutes to talk about two things:

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1. How did Non-Humble Nancy make the people around her feel?
2. How could "Non-Humble Nancy" have acted in a more humble way.

Continue video

Pause at 8:35 Dig a little Deeper (10-15 min)

"True humility is not thinking less of yourself, but thinking of yourself less." C.S. Lewis

Have each small group from the previous activity find a verse on humility in the Bible (maybe have a few Bibles with concordances available so they can look up the word "humble", or "humility" and find some verses. Ask them to prepare to read the verse to the group and explain what they think it means.

After about 5-8 minutes have each group present.

Continue video to the end

Declarations (2 min)

Stand together and speak these truths out loud. Have fun with it!

"Humility is powerful."

"I am humble and put my humility into action daily."

"I don't think less of myself, but think of myself less."

"God shows grace to the humble."